



HOW TO SEEK COUNSELING SERVICES

- 1 Email your program counselor and tell them you would like to talk! Be sure you include all the dates/times you can meet.
- 2 Confirm the day and time of your appointment with your counselor.
- 3 Once you have a confirmed appointment, contact GeoBlue using the number on your card. Give them your policy number (under your name) and request direct payment from Geoblue to your counselor.
- 4 GeoBlue will confirm payment with your counselor. You are now approved for the session!